**Iroquois 2013-2014 Guidance Plan**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Grade Level | August | September | October | November | December |
| P | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| K | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 1 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 3 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 4 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 5 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 6 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 |
| 7 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 |
| 8 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 |
| 9 | 1 |  |  |  |  |
| 10 | 1 | 3 |  | 1 |  |
| 11 | 1 | 2 | 2 | 2 |  |
| 12 | 1 | 1 | 3 | 1 | 1 |
| Pearl Creek | 1 | 1 | 1 | 1 | 1 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Grade Level | January | February | March | April | May |
| P | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| K | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 1 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 3 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 4 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 5 | 1, 2 | 1, 2 | 1, 2 | 1, 2 | 1, 2 |
| 6 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 |
| 7 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 |
| 8 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 | 1, 2, 3, 4 |
| 9 | 1 |  |  |  |  |
| 10 | 1 |  |  |  |  |
| 11 | 1 |  |  | 1 |  |
| 12 | 1 | 1 | 1 | 1 | 1 |
| Pearl Creek | 1 | 1 | 1 | 1 | 1 |

\*Pay attention to the Counselor’s Corner. I plan to have the website published by the end of the week.

\*Freshman through seniors: I will update this frequently with available opportunities and deadlines as they come.

Piaget: Preoperational Stage (magic & motor)
Erickson: Industry vs. Inferiority

**(Students: 14**

**August**

1 – Intro to school counselor, names, and services.

**September**

1 – Popcorn Park – Trustworthiness

2 – Trustworthiness (from poster: Talk About It, Individual Activity… Color and talk about Mini-book… Read “The Boy Who Cried Wolf” or do What Would You Do? activity)

**October**

1 – Popcorn Park – Respect

2 – Respect (from poster: Talk About It, Partner Activity… Respectful or Disrespectful?, Read “Annie and the Old One” or do WWYD activity)

3 – Popcorn Park – Responsibility

**November**

1 – Responsibility (Talk About It, Read “Curious George Rides a Bike,” WWYD activity)

2 – Popcorn Park – Fairness

**December**

1 – Fairness (Talk About It, Read “Tikki Tikki Tembo” or “The True Story of the 3 Little Pigs!,” WWYD activity)

2 – Popcorn Park – Caring

**January**

1 – Caring (Talk About It, Individual Activity “I Care!” and WWYD activity)

2 – Popcorn Park – Citizenship

**February**

1 – Citizenship (Talk About It, Individual Activiy: Good Citizen Poster, Act out good citizenship… pick up classroom, WWYD activity)

2 – Ask what bullying is then read “The Ant Bully”

**March**

1 – Exploring Emotions (Happy, coloring activity where they draw about a time when they were most happy; “What are Feelings?”)

2 – Exploring Emotions (Mad, coloring activity where they draw about a time when they were most mad; “What are Feelings?”)

**April (Please note there will be no guidance the week of D-STEP)**

1 – Exploring Emotions (Scared, coloring activity where they draw about a time when they were most scared; “What are Feelings?”)

2 – Exploring Emotions (Sad, coloring activity where they draw about a time when they were most sad; “What are Feelings?”)

**May**

1 – Read “Handy Manny: Safety First”

Piaget: Preoperational Stage (magic & motor)
Erickson: Industry vs. Inferiority

**(Students: 19)**

**August**

1 – Intro of school counselor, names, rules, introduce Character Education, and services offered.

**September**

1 – Trustworthiness – General Questions about Trustworthiness from Popcorn Park printouts

2 – Respect - General Questions about Respect from Popcorn Park printouts

**October**

1 – Responsibility – General Questions about Responsibility from Popcorn Park printouts

2 – Responsible Basketball (“Classroom Guidance Games”)

3 – Fairness – General Questions about Fairness from Popcorn Park printouts

**November**

1 – Caring – General Questions about Caring from Popcorn Park printouts

2 – Citizenship – General Questions about Citizenship from Popcorn Park printouts

**December**

1 – Using “I” Messages

2 – Christmas Art Projects (See what’s online)

**January**

1 – Exploring Emotions – Happy (“What are Feelings?”)

2 – Exploring Emotions – Sad (“What are Feelings?”)

**February**

1 – Exploring Emotions – Mad (“What are Feelings?”)

2 – Exploring Emotions – Scared (“What are Feelings?”)

**March**

1 – Career Bingo – (“Classroom Guidance Games”)

2 – Read “The Ant Bully” and define bullying

**April (Please note there will be no guidance the week of D-STEP)**

1 – Creative Coloring (“104 Activities That Build”)

2 – Read “Handy Manny: Safety First”

**May**

1 – Feelings Memory (“Classroom Guidance Games”)

Piaget: Preoperational Stage (magic & motor)
Erickson: Industry vs. Inferiority

**(Students: 21)**

**August**

1 – Intro of school counselor, names, rules, services, intro of Character Education

**September**

1 – Trustworthiness – General Questions about Trustworthiness from Popcorn Park printouts

2 – Respect - General Questions about Respect from Popcorn Park printouts and read “The Ant Bully”

**October**

1 – No-Bully Basketball (“Classroom Guidance Games”)

2 – Responsibility – General Questions about Responsibility from Popcorn Park printouts

3 – Red Ribbon Week

**November**

1 – Career Charades (“Classroom Guidance Games” & goes along with Responsibility)

2 – Fairness - General Questions about Fairness from Popcorn Park printouts

**December**

1 – King’s Throne (“104 Activities that Build”)

2 - Caring - General Questions about Caring from Popcorn Park printouts (here or up second January)

**January**

1 – Goal Setting Long Jump (“Classroom Guidance Games”)

2 - Caring - General Questions about Caring from Popcorn Park printouts (here or up second January)

**February**

1 – Exploring Emotions – Happy (“What are Feelings?”)

2 – Exploring Emotions – Sad – (“What are Feelings?”)

**March**

1 – Exploring Emotions – Mad (“What are Feelings?”)

2 – Exploring Emotions – Scared (“What are Feelings?”)

3 – Campaign Craze (“104 Activities that Build”)

**April (Please note there will be no guidance the week of D-STEP)**

1 – Ten Seconds (“104 Activities that Build”)

**May**

1 – Safety Soccer (“Classroom Guidance Games”)

2 - Schooltube.com video celebrating differences/uniqueness of all

Piaget: Concrete Operational Stage
Erickson: Industry vs. Inferiority

**(Students: 12)**

**August**

1 – Intro of school counselor, names, services, rules, and a look at DLAM.

**September**

1 – DLAM: Expressing Feelings – The Torn Heart

2 – DLAM: Expressing Feelings – How Would You Feel If…

**October**

1 – DLAM: Expressing Feelings – Creating a Peace Place

2 - DLAM: Caring, Compassion, and Cooperation – The Caring Being

3 – Red Ribbon Week

**November**

1 - DLAM: Caring, Compassion, and Cooperation – The Ridicule-Free Zone Constitution of Caring

2 - DLAM: Caring, Compassion, and Cooperation – Children’s Conscious Acts of Caring

3 - DLAM: Resolving Conflict Creatively – Walk in Another’s Shoes

**December**

1 - DLAM: Resolving Conflict Creatively – Conflict Escalates

2 - DLAM: Resolving Conflict Creatively – Coming down the Escalator with “I” Messages

**January**

1 – DLAM: Resolving Conflict Creatively – Be a Bullying Buster

2 - DLAM: Celebrating Diversity – The Power Shuffle

**February**

1 – DLAM: Celebrating Diversity – Family Ties and Fabric Tales

2 – DLAM: Review lessons & ratify RFZ Constitution of Caring

**March**

1 – King’s Throne (“104 Activities that Build”)

2 – Career Charades (“Classroom Guidance Games”)

**April (Please note there will be no guidance the week of D-STEP)**

1 – Communications Charades (lesson and playing cards from LST) and/or Read “Handy Manny: Safety First”

**May**

1 – Feelings Memory (“Classroom Guidance Games”)

2 – Come up with as many “fun” ideas for something to do in the summer, then Mandala Making (“The Kids’ After School Activity Book”)

Piaget: Concrete Operational Stage
Erickson: Industry vs. Inferiority

**(Students: 21)**

**August**

1 – Intro of school counselor, rules, names, services offered, trust circle activity (Jackson’s “Games that Teach”)

**September**

1 – Trustworthiness - General Questions about Trustworthiness from Popcorn Park printouts

2 – Respect – General Questions about Responsibility from Popcorn Park printouts

**October**

1 – No-Bully Basketball (“Classroom Guidance Games”)

2 – Responsibility - General Questions about Responsibility from Popcorn Park printouts

3 – Red Ribbon Week (send letter home about Good Touch/Bad Touch lesson)

**November**

1 – Good Touch/Bad Touch

2 – Fairness – General Questions about Fairness from Popcorn Park printouts

3 – Citizenship – General Questions about Citizenship from Popcorn Park printouts

**December**

1 – Caring - General Questions about Caring from Popcorn Park printouts

**January**

1 – Ten Seconds (“104 Activities that Build”)

2 – Super Prize (“104 Activities that Build”) or LST: Advertising

**February**

1 – Super Prize (“104 Activities that Build”) or LST: Advertising

2 – LST: Smoking Information

3 – LST: Decision Making

**March**

1 – LST: Dealing with Stress

2 – LST: Communication Skills

**April (Please note there will be no guidance the week of D-STEP)**

1 – LST: Assertiveness

2 – LST: Social Skills

**May**

1 – LST: Self-Esteem

2 – Read “Handy Manny: Safety First”

Piaget: Concrete Operational Stage
Erickson: Industry vs. Inferiority

**(Students: 13)**

**August**

1 – Intro of school counselor, counseling services, rules, names, and activity.

**September**

1 – Trustworthiness - General Questions about Trustworthiness from Popcorn Park printouts

2 – Respect – General Questions about Responsibility from Popcorn Park printouts

**October**

1 – No-Bully Basketball (“Classroom Guidance Games”)

2 – Responsibility - General Questions about Responsibility from Popcorn Park printouts

3 – Red Ribbon Week (send letter home about Good Touch/Bad Touch lesson)

**November**

1 – Fairness – General Questions about Fairness from Popcorn Park printouts

2 – Citizenship – General Questions about Citizenship from Popcorn Park printouts

**December**

1 – Caring - General Questions about Caring from Popcorn Park printouts

**January**

1 – Ten Seconds (“104 Activities that Build”)

2 – Super Prize (“104 Activities that Build”) or LST: Advertising

**February**

1 – Super Prize (“104 Activities that Build”) or LST: Advertising

2 – LST: Smoking Information

3 – LST: Decision Making

**March**

1 – LST: Dealing with Stress

2 – LST: Communication Skills

**April (Please note there will be no guidance the week of D-STEP)**

1 – LST: Assertiveness

2 – LST: Social Skills

**May**

1 – LST: Social Skills

2 – Mandala Making (“The Kids’ After School Activity Book”)

Piaget: Concrete Operational Stage
Erickson: Industry vs. Inferiority

**(Students: 17)**

**August**

1 - Intro of school counselor, services, rules, names, activity, and expectations.

**September**

1 – Study Skills (“How to Study”)

2 – DLAM: Resolving Conflict Creatively – Section 3:2 – Conflict Escalates

3 – DLAM: Resolving Conflict Creatively – Section 3:3 – Coming Down the Escalator with “I” Messages

**October**

1 – DLAM: Resolving Conflict Creatively – Section 3:4 – Be a Bullying Buster

2 – Communicating Anger with Words (“Ready-to-Use Social Skills Lessons & Activities”)

3 – Red Ribbon Week

**November**

1 – Controlling One’s Anger (“Ready-to-Use Social Skills Lessons & Activities”)

2 – Fully Understanding the Situation Before Taking Action (“Ready-to-Use Social Skills Lessons & Activities”)

**December**

1 – Ability to Follow Verbal Directions (“Ready-to-Use Social Skills Lessons & Activities”)

**January**

1 – Attending to the Speaker (“Ready-to-Use Social Skills Lessons & Activities”)

2 – LST: Smoking Information

3 – LST: Advertising

**February**

1 – LST: Self-Esteem

2 – LST: Social Skills

3 – Following Specific Instructions (“Ready-to-Use Social Skills Lessons & Activities”)

**March**

1 – LST: Decision Making

2 – LST: Communication Skills

3 – LST: Assertiveness

**April (Please note there will be no guidance the week of D-STEP)**

1 – LST: Dealing with Stress

2 – Careers

**May**

1 – Accepting Good or Bad Changes (“Ready-to-Use Social Skills Lessons & Activities”)

2 – Accepting Each Person’s Uniqueness (Ready-to-Use Social Skills Lessons & Activities”)

Piaget: Formal Operational Stage
Erickson: Industry vs. Inferiority or Identity vs. Role Confusion

**(Students: 12)**

**August**

1 – Intro of school counselor, services, rules, activity, names, and expectations.

**September**

1 – Study Skills (“How to Study”)

2 – Risk Taking: Gopher It! & To Risk or Not to Risk???..... (“SEALS + PLUS”)

3 – Action Emotions (“104 Activities that Build”) & Recognizing Another’s Emotions (“Ready-to-Use Social Skills Lessons & Activities for Grades 4-6”)

4 – Male & Female Assertiveness (“SEALS + PLUS”)

**October**

1 – LST: Assertiveness

2 – LST: Dealing with Stress

3 – LST: Self-Esteem

4 – LST: Social Skills

**November**

1 – LST: Communication Skills

2 – LST: Smoking Information

3 – LST: Decision-Making

**December**

1 – LST: Advertising

2 – Cyber Savvy & Social Media

**January**

1 – Ten Seconds (“104 Activities that Build”) & Support Systems: Lifesavers? (“SEALS + PLUS”)

2 – Fully Understanding the Situation before Taking Action (“SEALS + PLUS”)

3 – Recognizing Individual Differences (“SEALS + PLUS”)

4 – Saying “No” to Negative Peer Pressure (“SEALS + PLUS”)

**February**

1 – Ignoring Negative Peer Pressure (“SEALS + PLUS”)

2 – Preventing the Spread of Rumors (“SEALS + PLUS”)

3 – Being a Good Listener (“SEALS + PLUS”)

4 – Following Specific Instructions (“SEALS + PLUS”)

**March**

1 – Recognizing your Strengths and Weaknesses (“SEALS + PLUS”)

2 – Responding Calmly to Failure (“SEALS + PLUS”)

3 – Finishing Assignments on Time (“SEALS + PLUS”)

4 – Remaining Calm Under Stress (“SEALS + PLUS”)

**April (Please note there will be no guidance the week of D-STEP)**

1 – Practicing Self-Restraint (“SEALS + PLUS”)

2 – Reacting to Change (“SEALS + PLUS”)

**May**

1 – Career Charades (“Classroom Guidance Games”)

2 – Study Hall or Outdoor Activity

Piaget: Formal Operational Stage
Erickson: Identity vs. Role Confusion

**(Students: 12)**

**August**

1 – Intro of school counselor, services, rules, activity, names, and expectations.

2 – Study Skills (“How to Study”)

**September**

1 – Listening to Directions (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

2 – Finishing Assignments on Time (“Ready-to-Use Social Skills Lessons & Activities for Grades 4-6”)

3 – Asking for Help When Needed (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

4 – Rewarding Yourself for Achievement (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

**October**

1 – LST: Making Decisions

2 – LST: Coping with Anger

3 – LST: Media Influences

4 – LST: Drug Abuse and Violence: Causes and Effects

**November**

1 – LST: Coping with Anxiety

2 – LST: Communication Skills

3 – LST: Social Skills

4 – LST: Assertiveness

**December**

1 – LST: Resolving Conflicts

2 – LST: Resisting Peer Pressure

3 – Study Hall and Deliver Missing Assignments Reports to Students

**January**

1 – Lighthouse (”104 Activities that Build”)

2 – Leisure without Loss of $$$ that is! (“SEAL + PLUS”)

3 – Money Management (“SEAL + PLUS”)

4 – Buying Happine$$? (“SEAL + PLUS”)

**February**

1 – Goal Setting is One Way to Organize Yourself (“SEAL + PLUS”)

2 – Goal Setting Practice Sheet (“SEALS + PLUS”) and Goals (“SEALS + PLUS”)

3 – Prioritizing Activities (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

4 – Using Negotiation to Settle Difficulties (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

**March**

1 – DLAM: Resolving Conflict Creatively – 3:2 – Conflict Escalates

2 – DLAM: Resolving Conflict Creatively – 3:3 – Coming Down the Escalator with “I” Messages

3 – DLAM: Resolving Conflict Creatively – 3:4 – Be a Bullying Buster

4 – King’s Throne (“104 Activities that Build”) and Briefing on Testing

**April (Please note there will be no guidance the week of D-STEP)**

1 – Intro to SDMyLife: Exploration Day

2 – Guided Assignment with SDMyLife (Pick career, find info, find schools, find job sites, find pay, email me)

**May**

1 – Starting a Conversation (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

2 – Study Hall with Missing Assignments for Students

Piaget: Formal Operational Stage
Erickson: Identity vs. Role Confusion

**(Students: 16)**

**August**

1 – Intro of school counselor, services, rules, activity, names, and expectations.

2 – Study Skills (“How to Study”)

**September**

1 – Listening to Directions (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

2 – Finishing Assignments on Time (“Ready-to-Use Social Skills Lessons & Activities for Grades 4-6”)

3 – Asking for Help When Needed (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

4 – Rewarding Yourself for Achievement (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

**October**

1 – LST: Making Decisions

2 – LST: Coping with Anger

3 – LST: Media Influences

4 – LST: Drug Abuse and Violence: Causes and Effects

**November**

1 – LST: Coping with Anxiety

2 – LST: Communication Skills

3 – LST: Social Skills

4 – LST: Assertiveness

**December**

1 – LST: Resolving Conflicts

2 – LST: Resisting Peer Pressure

3 – Study Hall and Deliver Missing Assignments Reports to Students

**January**

1 – Lighthouse (”104 Activities that Build”)

2 – Leisure without Loss of $$$ that is! (“SEAL + PLUS”)

3 – Money Management (“SEAL + PLUS”)

4 – Buying Happine$$? (“SEAL + PLUS”)

**February**

1 – Goal Setting is One Way to Organize Yourself (“SEAL + PLUS”)

2 – Goal Setting Practice Sheet (“SEALS + PLUS”) and Goals (“SEALS + PLUS”)

3 – Prioritizing Activities (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

4 – Using Negotiation to Settle Difficulties (“Ready-to-Use Social Skills Lessons & Activities for Grades 7-12”)

**March**

1 – Safe Dates Training: 1 of 4

2 – Safe Dates Training: 2 of 4

3 – Safe Dates Training: 3 of 4

4 – Safe Dates Training: 4 of 4

**April (Please note there will be no guidance the week of D-STEP)**

1 – SDMyLife: Work on View Details sections

2 – SDMyLife: Work on View Details sections

3 – SDMyLife: Work on View Details sections

**May**

1 – SDMyLife: Work on View Details sections

2 – SDMyLife: Work on View Details sections

Piaget: Formal Operational Stage
Erickson: Identity vs. Role Confusion

**(Students: 16)**

**August**

1 – Freshman Fall overview

**September**

**October**

**November**

**December**

**January**

**February**

**March**

**April**

**May**

Piaget: Formal Operational Stage
Erickson: Identity vs. Role Confusion

**(Students: 12)**

**August**

1 – Sophomore Fall overview

**September**

**October**

?? – LATI Equity Days

1 – SDMyLife: Ability Profiler and all other tests under View Details. Periods 4, 7, and 8 are study halls. Test students until complete.

2 – SDMyLife: Ability Profiler and all other tests under View Details. Periods 4, 7, and 8 are study halls. Test students until complete.

**November**

**December**

1 – PLAN test

**January**

**February**

**March**

**April**

**May**

Piaget: Formal Operational Stage
Erickson: Identity vs. Role Confusion

**(Students: 22)**

**August**

1 – Junior Fall Overview

**September**

1 – Students will all meet individually with counselor to establish career and future plans, check transcripts to ensure graduation, and encourage applying for scholarships.

26th – ASVABS (8:30 AM – 11:00 AM)

**October**

1 – Career/Job Fair in Huron

2 – ASVAB interpretation by Marge Mathers

**November**

1 – SDMyLife: Do everything in CE&A; CP; A,E,&A; PLP; AA (Juniors do not need to take the Ability Profiler). Periods open - 2, 3, 5-7. Test all students until complete.

2 – SDMyLife: Do everything in CE&A; CP; A,E,&A; PLP; AA (Juniors do not need to take the Ability Profiler). Periods open - 2, 3, 5-7. Test all students until complete.

**December**

**January**

**February**

**March**

**April**

1 – D-STEP testing

**May**

**June**

Piaget: Formal Operational Stage
Erickson: Identity vs. Role Confusion

**(Students: 10)**

**August**

1 – Senior Fall overview

**September**

1 – Review transcripts with each senior on an individual basis and ensure they are on a path to graduation. (See “Senior Checklist for Post-High Prep” document)

**October**

1 – Career/Job Fair in Huron

2 – Parent/student Financial Aid and ACT night

3 – SDMyLife: Complete the whole thing again except the career Matchmaker and the Ability Profiler. (Periods open - 2, 3, 5-7. Test students throughout the year.)

**November**

**December**

1 – Senior Checklist

**January**

1 – Senior Checklist

**February**

1 – Senior Checklist and review transcripts with each senior to ensure completion of folder

**March**

1 – Senior Checklist

**April**

1 – Senior Checklist

**May**

1 – Seniors Checklist and they get their portfolios

Last Day – Mail the students final, official transcripts to all schools.

**June**

Piaget: Formal Operational Stage
Erickson: Industry vs. Inferiority

**(Students: ??)**

**August**

**September**

1 – True Talents (“104 Activities that Build”)

**October**

1 – Intro of school counselor, names, rules, activity (Action Emotions from “104 Activities that Build”), and services offered.

**November**

1 – “How to Study”

**December**

1 – Conflict Management: Using “I” Messages

**January**

1 – LST: Emotion Charades from Communication Skills

**February**

ACCESS Testing

1 – Goal Setting is One Way to Organize Yourself and Goal Setting (“SEALS + PLUS”)

**March**

1 – Career Charades (“Classroom Guidance Games”)

**April (Please note there will be no guidance the week of D-STEP)**

1 – One Step at a Time (“SEALS + PLUS”)

**May**

1 – Emotions (“SEALS + PLUS”)